

Visit a neighbor you don't know very well	Adopt a pet from the pound	Hold the elevator for someone	Do the dishes when it's not your turn	Clean an area around the house
Tape coins to a vending machine	Bring cookies to a neighbor	Rake leaves in a neighbor's yard	Bring food to a local shelter	Buy one thing and donate it unused
Leave a treat for the mailman	Let someone go in front of you at check-out	Drop \$5 in a store for some lucky person to find	Compliment a stranger	Host a family for Thanksgiving/Christmas
Tutor a student in need	Return a stray cart in the parking lot	Introduce yourself to someone new	Make a care package for a soldier overseas	Donate books to the library
Leave a positive comment on someone's blog	Foster an animal from the shelter	Donate school supplies	Smile at EVERYONE for a day	Leave a quarter in the gum ball machine
Order delivery for a friend or new mom	Help someone carry groceries	Leave a kind note in a library book	Donate pet supplies to the local animal shelter	Help a sibling do a chore
Put money in the Salvation Army bucket	Bring breakfast to your teacher	Leave dollar bills around dollar tree	Pay for the person behind you in the drive through	Donate coloring books to a hospital waiting room

Volunteer at a food bank	Talk with a homeless person	Put gas in someones car	Mail a letter to someone	Clean someones car
Cook a meal for someone	Leave a treat on someones door	Babysit for free for a couple of hours	Shovel snow for a neighbor	Put a popcorn package on a red box
Send a care package to someone	Give someone a yogurt land gift card	Visit an animal shelter	Give \$10 t0 a stranger	Walk a friends dog
Make a new friend	Send someone a small gift	Stop and help someone repair a flat tire	Leave a large tip for your server	Hold the train door for someone
Give your favorite book to someone	Try to smile a lot	Visit the nursing home	Write a love note to your beloved	Drop off a few groceries to someone
Volunteer at a food bank	Donate to you favorite charity	Take flowers to someone	Visit a widow	Pay for another table's dinner at a restaurant
Pay for someone's dinner at a restaurant	Become and organ donor	Talk with a homeless person	Get involved in community service	Bring treats to work- just cuz

Hold the door for someone behind you	Add coins to someone else's parking meter	Sit with someone at lunch who needs a friend	Help someone wrap Christmas gifts	Take a treat or thank you note to the librarian
Do a chore without being asked	Donate diapers and wipes to a local women's shelter	Make breakfast for a loved one	Iron a shirt for someone	Dog sit for a neighbor for free
Wash the windows of someone filling up for gas	Donate your old glasses, people can still use them	Leave an uplifting message on someones driveway in chalk	put a package of diapers at the door step of a new mom	Have a bake sale or fundraiser and donate all the money charity
Run errands for an elderly person or someone who cannot drive	Do something nice for someone you don't get along with	Bring treats to the local fire department or police station	Put quarters in an envelope & leave at laundry mat	Offer to return someones grocery cart in the parking lot
Buy stamps for the person behind you at the post office	Save water- turn the water off while you brush your teeth	bring in your neighbors trash can after it is emptied	Put sticky notes with positive phrases on bathroom mirror	Tape money to the gas pump for the next person who gets gas
Donate warm clothing to the local homeless shelter	Tape money up at the car wash for the next person	Buy a drink for someone behind you in line	Give a thank you note to the cashier at the grocery store	Leave a note and a \$5 gift card on someones car
Adopt a family in need for Christmas Gifts	Pick up trash from the road or parking lot	Find an opportunity to give a compliment		