

- Volunteer at a food bank
- Talk with a homeless person
- Put gas in someones car
- Mail a letter to someone
- Clean someones car
- Cook a meal for someone
- Leave a treat on someones door
- Babysit for free for a couple of hours
- Shovel snow for a neighbor
- Put a popcorn package on a red box
- Send a care package to someone
- Give someone a yogurt land gift card
- Visit an animal shelter
- Give \$10 to a stranger
- Make a new friend
- Walk a friends dog
- Send someone a small gift
- Stop and help someone repair a flat tire
- Leave a large tip for your server
- Hold the train door for someone
- Give your favorite book to someone
- Try to smile a lot
- Visit the nursing home
- Write a love note to your beloved
- Drop off a few groceries to someone
- Donate to you favorite charity
- Take flowers to someone
- Visit a widow
- Pay for another table's dinner at a restaurant
- Invite someone to come for dinner
- Become and organ donor
- Get involved in community service
- Bring treats to work- just cuz
- Visit a neighbor you don't know very well
- Adopt a pet from the pound
- Hold the elevator for someone
- Do the dishes when its's not your turn
- Clean an area around the house
- Tape coins to a vending machine
- Bring cookies to a neighbor
- Rake leaves in a neighbors yard
- Bring food to a local shelter
- Buy one thing and donate it unused
- Leave a treat for the mailman
- Let someone go in front of you at check-out
- Drop \$5 in a store for some lucky person to find
- Compliment a stranger
- Host a family for Thanksgiving/Christmas
- Tutor a student in need
- Return a stray cart in the parking lot
- Introduce yourself to someone new
- Make a care package for a soldier over seas
- Donate books to the library
- Leave a positive comment on someones blog
- Foster an animal from the shelter
- Donate school supplies
- Smile at EVERYONE for a day
- Leave a quarter in the gum ball machine
- Order delivery for a friend or new mom
- Help someone carry groceries
- Leave a kind note in a library book
- Donate pet supplies to the local animal shelter
- Help a sibling do a chore
- Put money in the Salvation Army bucket
- Bring breakfast to your teacher
- Leave dollar bills around dollar tree
- Pay for the person behind you in the drive through
- Donate coloring books to a hospital waiting room
- Hold the door for someone behind you
- Add coins to someone else's parking meter
- Sit with someone at lunch who needs a friend
- Help someone wrap Christmas gifts
- Take a treat or thank you note to the librarian
- Do a chore without being asked
- Donate diapers and wipes to a local women's shelter
- Make breakfast for a loved one
- Iron a shirt for someone
- Dog sit for a neighbor for free
- Wash the windows of someone filling up for gas
- Donate your old glasses, people can still use them
- Leave an uplifting message on someones driveway in chalk
- put a package of diapers at the door step of a new mom
- Have a bake sale or fundraiser and donate all the money charity
- Run errands for an elderly person or someone who cannot drive
- Do something nice for someone you don't get along with
- Bring treats to the local fire department or police station
- Put quarters in an envelope & leave at laundry mat
- Offer to return someones grocery cart in the parking lot
- Buy stamps for the person behind you at the post office
- Save water- turn the water off while you brush your teeth
- bring in your neighbors trash can after it is emptied
- Put sticky notes with positive phrases on bathroom mirror
- Tape money to the gas pump for the next person who gets gas
- Donate warm clothing to the local homeless shelter
- Tape money up at the car wash for the next person
- Buy a drink for someone behind you in line
- Give a thank you note to the cashier at the grocery store
- Leave a note and a \$5 gift card on someones car
- Adopt a family in need for Christmas Gifts
- Pick up trash from the road or parking lot
- Find an opportunity to give a compliment